Breakfast, Lunch & Supper Menu

November

Monday	Tuesday	Wednesday	Thursday	Friday
Egg, Chicken Sausage & Cheese Breakfast Sandwich on English Muffin Diced Pears Apple Juice Crispy Beef & Cheese Tacos Homemade Salsa Baby Carrots Celery Sticks Refried Beans Mixed Fruit Fresh Nectarine Beef Mini Cheeseburgers Celery Sticks Applesauce Cup	4 Strawberry Yogurt Parfait Pineapple Tidbits Berry Juice French Bread Pepperoni Pizza* Cool Corn Grape Tomatoes Apple Slices Diced Peaches Turkey Honey Brown Sugar Snack Stick String Cheese Goldfish Crackers Carrot-Celery Combo Dried Nectarines	Mini Chocolate Chip Muffin String Cheese Orange Smiles Fruit Punch Juice Teriyaki Chicken w/Brown Rice Rainbow Baby Carrots Broccoli Bites Garden Salad Mandarin Oranges Strawberry Cup Scooby Doo Grahams Trix Yogurt String Cheese Cucumber Coins Kiwi-Strawberry Fruit Cup	6 Lemon Bread Fresh Banana Orange Juice Macaroni & Cheese Aloha Dinner Roll Green Beans Garden Salad Zucchini Coins Flavored Applesauce Fresh Grapes Mango Pineapple Fruit Smoothie Mini Apple Cinnamon Muffin String Cheese Baby Carrots	7 Assorted Fruit Assorted Fruit Assorted In Obly Fruit Juice Beef Ribwich Cucumber Coins Assorted Vegetables Assorted Fruit Fresh Sliced Persimmons Turkey Taco Nada Assorted Fruit Assorted Vegetables
10 Non-School Day	VETERANS All Who certain All	Assorted Cereal String Cheese Fresh Apple Fruit Punch Juice Beef Ravioli Goldfish Crackers Green Beans Carrot Coins Garbanzo Beans Mandarin Oranges Apricot Cup Jungle Crackers Trix Yogurt String Cheese Baby Carrots BlueRaspberry-Lemon Fruit Cup	Banana Chocolate Chip Bar Pineapple Tidbits Fresh Banana Orange Juice Breaded Chicken Drumstick W/Cheez-its Baby Carrots Cool Corn Fresh Kiwi Mixed Fruit Strawberry Banana Smoothie Mini Double Chocolate Muffin String Cheese Baby Carrots	Egg & Cheese Croissant Sandwich Assorted Fruit Assorted 100% Fruit Juice Beef Hamburger Broccoli Bittes Assorted Vegetables Fresh Sliced Persimmons Assorted Fruit Cheese Pull-Aparts w/Marinara Sauce Assorted Vegetables Assorted Fruit
Beef Sausage & Cheese Bagel Sandwich Diced Peaches Apple Juice Pizza Crunchers W/Marinara Sauce Green Beans Celery Sticks Mixed Fruit Pineapple Pieces Beef Mini Cheeseburgers Carrot-Celery Combo Flavored Raisels	Blueberry Yogurt Parfait Pineapple Tidbits Berry Juice Pepperoni Sliders* Garden Salad Cool Corn Apple Slices Diced Pears Turkey Honey Brown Sugar Snack Stick String Cheese Goldfish Crackers Grape Tomatoes Fresh Kiwi	Mini Bagel, Plain W/Cream Cheese W/Egstravaganza* Fresh Orange Slices Fruit Punch Juice Beef Teriyaki Dunkers W/Brown Rice Rainbow Baby Carrots Broccoli Bites Mandarin Oranges Peach Cup Scooby Doo Grahams Trix Yogurt String Cheese Cucumber Coins Kiwi-Strawberry Fruit Cup	Maple Snack'n Waffle Fresh Banana Orange Juice Turkey w/Gravy Aloha Dinner Roll Mashed Potatoes Turkey Cookie Crinkle Cut Carrots Garden Salad Fresh Grapes Diced Pears Mango Pineapple Fruit Smoothie Mini Apple Cinnamon Muffin String Cheese Baby Carrots	Chef's Choice Breakfast Kellogg's Pop Tarts Assorted Fruit Assorted Hruit Assorted 100% Fruit Juice CHEF'S CHOICE Chicken Corn Dog Baked Beans Garden Salad Assorted Vegetables Assorted Fruit Fresh Sliced Persimmons Cheese Croissant Sandwich Assorted Vegetables Assorted Vegetables Assorted Fruit
24	25	26	Happy Thanksgiving	28

Breakfast and lunch are FREE for all students!

Cereal & string cheese offered daily for breakfast as a second choice entree.

Milk is provided with all meals: 1% White Milk OR Fat Free Choc Milk

HARVEST OF THE MONTH

Persimmons

