

**ONTARIO-MONTCLAIR SCHOOL DISTRICT  
BOARD OF TRUSTEES**

**Resolution 2021-22-60, Recognizing the Month of May 2022 as  
National Mental Health Awareness Month**

**WHEREAS**, the focus of National Mental Health Awareness Month provides an opportunity to reflect on the strategies and resources needed to shape a coherent national approach to public mental health, and develop insight into how we can build positive mental health in the context of our work, our digital world, our parenting approach and in our communities; and

**WHEREAS**, all children and youth learn best when they are healthy, supported, and receive mental health services, which meet their individual needs; and

**WHEREAS**, it is imperative that society emphasize the mental health needs of children and youth and invest in mental health education as a top priority; and

**WHEREAS**, mental health counselors and therapists assist students in reaching their full potential; and

**WHEREAS**, the services provided by the District's social workers, clinical counselors and therapists are multi-faceted, combining psychological, social and practical elements; and

**WHEREAS**, the District's mental health providers possess specialized education and skills in assessing, treating, and preventing psychological, behavioral, emotional, social and environmental problems affecting our students; and

**WHEREAS**, mental health providers collaborate with teachers and other educators to assist students in managing and overcoming crisis due to loss or trauma, provide students the tools to thrive emotionally and create resilient individuals; and

**WHEREAS**, mental health providers seek to identify and utilize community resources which can enhance and complement comprehensive school counseling programs and help students become productive members of society; and

**WHEREAS**, providing mental health services to young students is critical in decreasing the severity of mental illness, reducing the school drop-out rates and preventing incarceration of our youth; and

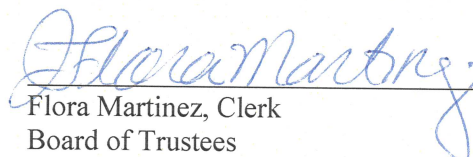
**WHEREAS**, the OMSD mental health awareness theme for the month of May 2022 is *"Take Action for Mental Health"* using the hashtag #TakeAction4MH to encourage students, staff, and families to check in with themselves and others regularly and act if support is needed.

**THEREFORE, BE IT RESOLVED**, that the Board of Trustees of the Ontario-Montclair School District adopts Resolution 2021-22-60, Recognizing the Month of May 2022 as National Mental Health Awareness Month in acknowledgment of the endless efforts and dedication of the Ontario-Montclair School District's mental health providers and encourages communities to appropriately recognize them for the vital role they play in the personal, emotional and academic development of our children.

**Adopted by the Ontario-Montclair School District Board of Trustees on this 21st day of April 2022.**



Attest:

  
Flora Martinez, Clerk  
Board of Trustees